

Interview Questions For Author Starr Calo-oy “Caregiver Guilt”

1. What led you to write a book on caregiver guilt?
2. In your opinion, what actually causes the guilt in alternate placement of an elderly loved one?
3. Would you go over the difference of an adult child caring for their parent in comparison with the care they received from that parent when they were a child?
4. Could you briefly tell us the stages the family goes through?
5. What are the nine types of guilt you have identified in your book?
6. Tell us how an adult child can get past the guilt of going through his parents things to get things in order after realizing they won't ever be able to come back home.
7. What do you recommend a family member do to alleviate their burden of the guilt incurred when they must turn the care over to an outsider?